



BODY MASSAGE

30 min | R 345

60 min | R 507

90 min | R 653

Casablanca Rejuvenating Massage

Our deeply rejuvenating signature treatment is designed to get to the root of the problem by relaxing the body and aching muscles. Helps you escape your demanding urban lifestyle by reconnecting with nature through the healing sound of rainfall.

Deep Tissue

Working deep into the muscle to relieve tension and improve flexibility.

Aromatherapy

Combining a variety of aromatherapy oils tailored to your individual needs - from revitalising, relaxing or invigorating - while still rejuvenating the body.

Hot Stone

A deeply relaxing treatment incorporating warm smooth stones with a manual massage technique to increase circulation, break down toxins that create "knots" and ease aching muscles.

Pregnancy

Aimed to offer the expectant mother some reprieve. Alleviates sore muscles and swollen ankles by easing the effects of pregnancy.

Reflexology

30 min | R 345

An ancient Chinese technique that believes the feet to mirror the body as a whole. This massage helps the body return to its natural state of equilibrium.

Bangkok Foot Ritual

30 min | R 325 (excludes mask)

45 min | R 359

A truly blissful experience to help alleviate the feeling of tired legs and aching feet. Ideal for the busy urbanite. Includes a half leg (to above the knee) scrub and mask.





SPECIALIZED WELLNESS MESSAGES

60 min | R 609

90 min (Body Scrub) | R 749

Honolulu Ocean Experience

For that kissed by the ocean feeling... This calming and re-energising treatment incorporates a warm, enveloping and luxurious seawater concentrate that can be customised to de-stress, relax or assist with lymphatic drainage.

Singapore Sea Holistic

An ultra-relaxing Asian inspired treatment offering gentle warmth and the aromatic scent of lavender flower pouches. Features a combination of massage strokes, pressure and stretching to alleviate tension area-by-area and restore balance.

Monaco Oligomer Spa

A journey for your senses offering relaxation from the moment you step into the treatment room. A multi-sensory massage that incorporates techniques used to create true holistic wellbeing. Leaves the skin feeling hydrated and pampered.

Sao Paulo Candle Massage

A unique treatment with the use of warm soy candles to not only relax the body, but also deeply nourish the skin.





BODY WRAPS

60 min | R 533

Seoul Serenity Wrap

Designed to clear the mind and ease the stress of a demanding lifestyle. A relaxing body serum is added to this wrap to aid with relaxation and alleviates tension in the major problem areas of the body.

Vitality Wrap

A stimulating and revitalising body wrap that uplifts by increasing natural energy levels. Helps to boost the immune system.

Budapest Detox Wrap

Helps rid the body of toxins that leave you feeling heavy and low on energy. This balanced body wrap restores improved wellbeing by activating the lymphatic system, promoting detoxification and reducing fluid retention.

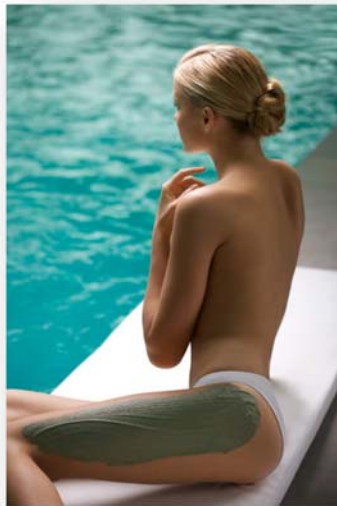
SPECIALIZED BODY WRAP

Sculpt Zone

60 min | R 590

Course of 6 | R 3408

A highly effective treatment that has been specifically designed to reduce stubborn fatty deposits and reduce the appearance of cellulite. Also helps to retexture and smooth the skin.





REVITALISING FACIALS

Marrakech Revitalising Facials

60 min Therapist | R 442 Ayesha | R 490

A facial that can be personalised to your individual needs to maintain the skin's health and radiance.

Mumbai Deep Cleanse Facials

60 min Therapist | R 432 Ayesha | R 468

An intense facial that helps rid the skin of congestion and unwanted blackheads. *(Excludes massage to allow maximum time for extractions.)*

3/4 Facial

45 min Therapist | R 435 Ayesha | R 468

A facial that concentrates on the your most important needs.

Oslo MENS Facial

60 min Therapist | R 471 Ayesha | R 471

A boosting facial that helps decongest and rehydrate, while at the same time taking care of ingrown hair and normalising skin functions.

Advanced AHA Peel

60 min Therapist | R 709 Ayesha | R 750

A multi-layer facial exfoliation treatment ideal for problem skin. Assists with uneven skin tone and revitalises dry, mature and sun damaged skin while minimising fine lines and wrinkles. The peel also deeply hydrates and retexturise.

Skin Doctors Anti-aging

60 min Therapist | R 709 Ayesha | R 750

An anti-ageing facial that helps to redefine facial contours. This specialised facial combines massage techniques and holistic therapies to help further reduce visible signs of ageing, soften fine lines and plump up the skin





Hydradermie

60 min Therapist | R 709 Ayesha | R 750

An intense and deeply hydrating facial treatment promoting rejuvenation. Concentrates on specific targeted areas with the use of specific facial gels.

Hydradermie Lift

60 min Therapist | R 709 Ayesha | R 750

A mild muscle-stimulating facial treatment that targets slacked skin. Tones and firms to promote a more lifted, youthful looking appearance on the skin.

RESULT DRIVEN FACIALS

Hong Kong Express

30 min | R 325

The perfect "on-the-go" facial when time is limited. Includes a rejuvenating mask.

Skin Doctors Resurfacing

30 min | R 442

A light Powerbrasion™ resurfacing treatment for skin rejuvenation and pore refinement. Resurfacing assists with blackheads and congestion, while brightening the complexion and hydrating the skin.

Advanced AHA Peel

60 min Therapist | R 442 Ayesha | R 490

A multi-layer facial exfoliation treatment ideal for problem skin.

For optimal results a minimum of 6 peels is recommended.





ADVANCED FACIALS

Sea Water Pearls Hydrating

60 min Therapist | R 650 Ayesha | R 709

An intense moisture infusion. Sea water pearls bursting with hydration are infused into the skin, followed by further hydrating serums and masks. Skin is left deeply hydrated, supple and glowing.

Brightening & Lightening

60 min Therapist | R 709 Ayesha | R 750

Specifically targets pigmentation and uneven skin tone. Reduces dark spots and brings uniformity to the complexion, while enhancing radiance. Brightening of the skin is noticeable after one treatment.

SPECIALISED FACIALS

Youth Revealing Anti-Aging

90 min Therapist | R 804 Ayesha | R 899

Assists in combating & delaying the effects of premature ageing. This holistic treatment targets fine lines & wrinkles and helps firm the skin. Includes a warm de-stressing spinal wrap treatment & anti-ageing lip treatment.

Hydradermie Plus

60 min Therapist | R 804 Ayesha | R 899

A specialized facial treatment with added firming and toning serums to revitalize the skin. Focuses on the eye area, face, neck and décolletage.





SPA PACKAGES

JOZI EXPRESS

1hr 30 min | R 865

This package suits the jetsetter who's short on time! With an express facial, express Manicure, Pedicure and 30 min back Massage, it's the best way to kick-start the weekend.

REVIVAL PACKAGES

3hrs | R 1280 snack & beverage included

MIAMI: This head to toe package aims to please: destress with a rejuvenating full body massage, relax with a Manicure and Pedicure, and invigorate with a steam session and a spinal wrap.

L.A.: The slickest full body restoration: renew with body glow exfoliation, unwind in a steam session, restore in a body wrap and be revived by a full body massage.

CHICAGO: The ultimate 3-in-1: revitalise the face with a facial, release the week's tension with a back and neck massage, and glam up your hands and feet with the perfect Manicure and Pedicure.

HAVANNA RENEWAL

4½ hrs | R 1645

Head to toe renewal. Start with a mood enhancing steam session and move on to a personalised facial, manicure and pedicure. Next up, a blissful massage that ends with an Indian head massage for a new you to be revealed! Lunch is included.

CANCUN RETREAT

6hrs | R 2145

The ultimate "blissed-out" escape from your urban existence. Be treated to a skin polishing body scrub and custom wrap, a personalised facial and rejuvenating massage. You'll also receive our signature manicure and pedicure treatments, together with an Indian Head Massage. Lunch is included.





FINISHING TOUCHES

PEDICURES:

Grooming for the feet to take on the concrete jungle with true urban flair.

Athens Classic	60 min		R 244
Florence French	75 min		R 274
Venice Signature	75 min		R 280
St Petersburg paraffin	75 min		R 314
Amsterdam-Express	30 min		R 168
Berlin Gelish	75 min		R 350

MANICURES:

Grooming for the hands to take on the concrete jungle with true urban flair.

Athens Classic	30 min		R 198
Florence French	45 min		R 228
Venice Signature	45 min		R 245
St Petersburg paraffin	45 min		R 268
Amsterdam- Express	15 min		R 134
Berlin Gelish Manicure	45 min		R 291
Berlin Gelish paint	30 min		R 244
Gelish soak off	10 min		R 92

WAXING

A 3-system wax adapted to specific areas of the body, as well as all levels of sensitivity. No wax is reused. Hygiene is of utmost importance.

Full leg	45 min		R 231
1/2 Leg	15 min		R 175
3/4 Leg	30 min		R 197
1/2 Arm	15 min		R 114
Full Arm	30 min		R 146
Underarm	15 min		R 92





Lip/Brow/Chin (each)	10 min		R 72
Bikini	15 min		R 133
G-String	30 min		R 168
Brazilian	45 min		R 198
Back or Chest	30 min		R 210

TINTING

Lash and Brow Tint	30 min		R 144
Dubai Intensify Eyelash Tint	15 min		R 82
Dubai Magnify Eyebrow Tint	15 min		R 71





INTENSE PULSED LASER (IPL)

PERMANENT HAIR REMOVAL

Lip/Chin/Areola	R 300
Lip & Chin	R 550
Cheeks	R 550
Forehead	R 550
Back of neck	R 590
Full face	R 900
Underarms	R 590
Bikini (Sides only)	R 590
Full Bikini	R 1400
Full Bikini & G-string	R 1900
Chest or stomach	R 1400
Chest & Stomach	R 2100
Full Arm	R 1750
Half Arm	R 1000
Full Back	R 2950
Half Back	R 1750
Full Leg	R 2950
Half Leg	R 1750
Belly Button Path	R 390

PIGMENTATION/ SKIN REJUVENATION

Face only	R 1200
Face & Neck	R 1500
Face, neck & Décolleté	R 2400
Face, neck, Décolleté & Chest	R 2800
Neck & Décolleté	R 1500
Neck	R 600
Lower arm	R 1200
Full Arm	R 1500
Décolleté only	R 1000
Chest only	R 1400
Hands	R 500

CAPILLARY REMOVAL

1 – 5 shots	R 300
5 – 10 shots	R 550





YOGA

People per class	Class per week	Price per class
4	2	R 350
4	1	R 350
3	2	R 350
3	1	R 350
2	2	R 320
2	1	R 320





PILATES

People per class

Class per week

Price class per person

4	2	R 110
4	1	R 130
3	2	R 110
3	1	R 130
2	2	R 150
2	1	R 170





SPA ETIQUETTE

Cancellation Notice

24 hour notice must be given prior to cancellation of any appointment or service will be charged for at full rate.

Arrival Time

We recommend that you arrive at least 15 minutes prior to your scheduled appointment. This will allow sufficient time to fill out a consultation form, essential to tailor our services to your personal needs.

Late Arrival

Late arrival may limit our ability to offer the fullest possible experience that time will unfortunately be taken off your treatment time in Consideration for the next guest. The service will be charged at full rate.

Dress Code

Please make sure that when you use the hydrotherapy facilities you wear a swimming costume at all times.

Please kindly note that prices are subject to change without prior notice.

